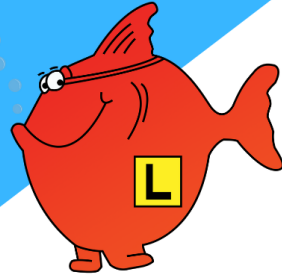


# YOU FINISHED SWIM SCHOOL!



## ... What Now?



### Junior Squad

Same structure as Swim School. 1 swim per week. Continuing to work on improving times, techniques and fitness levels.

\$25 per lesson, \$50 per fortnightly Direct Debit or \$250 per block of 10 (10% discount when paying on time).

Monday 4:00pm & 5:00pm  
Wednesday 6:00pm  
Thursday 5:00pm  
Friday 5:00pm  
Saturday 11:00am

### Fitness Squad

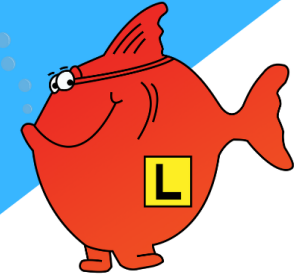
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# WANT TO COMPETE?

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## We recommend the following clubs

Western Aquatic Swimming Club (WASC)

Largs Bay Swimming Centre 8341 6062

Seaton Swimming Centre 8356 4111

Tea Tree Gully Swimming Club - Waterworld

Head Coach: Lawrence 0434 268 330

Playford Aquatic Club - Elizabeth Aquadome

Head Coach: Margrison [headcoach@playford-aquatic.com.au](mailto:headcoach@playford-aquatic.com.au)

STARplex Swim Club - Gawler

Head Coach: Alex Palmer 8522 0622

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