

**LAP SWIMMING ETIQUETTE**

As we enter summer you may notice that more customers will be attending the lap swimming times. To ensure that everyone has an enjoyable swim please be aware of the following lap swimming guidelines:

**Please see management if you have any questions or concerns regarding any other patrons**

- While swimming, keep to the left of the lane.
- Please ensure you are aware of the lap lane signs and swim in the appropriate lane.
- Select a lane based on your ability and the speed of others in the lane.
- In order to pass a swimmer in front, swim past on the right ensuring that there is room to pass without interfering with oncoming swimmers.
- If you are regularly being overtaken or overtaking other swimmers please move to a lane more appropriate to your speed.
- Please do not be offended if a pool staff member asks you to move to another lane.
- Stay aware of other swimmers to avoid collision.
- Allow 5 to 10 seconds between yourself and the swimmer ahead of you.
- When waiting at the end of the pool, move across towards the corners of the lane to allow other swimmers to continue swimming laps.
- If you have any questions please see one of our friendly staff.